

Population Health Curriculum for Health Professionals

Learning Assessment Tools

Module 4

Multiple Choice Exam Questions (one best answer)

- 4-1. Which of the following is most critical to the success of a Healthy Communities initiative?
- a. adequate funding from state and local resources
 - b. accurate statistics for local health indicators
 - c. broad representation and involvement of community members
 - d. CQI, benchmarking and outcomes assessment
- 4-2. Developing a mission statement is a key element in strategic planning because it:
- a. forms the basis for decisions and actions.
 - b. defines the future purpose and value of the community.
 - c. communicates the overriding purpose of the group.
 - d. specifies the culture and climate of a community.
- 4-3. Which of the following strategic planning activities is a tool for assessing the current environment and factors impacting the mission of a group?
- a. SWOT Analysis
 - b. PDSA
 - c. Performance Monitoring
 - d. SMART
- 4-4. Interpretation of the values, beliefs and behaviors of others in terms of one's own culture is called:
- a. collusion
 - b. ethnocentricity
 - c. stereotyping
 - d. racism
- 4-5. The practice of acknowledging, valuing and respecting all cultures , religions, ethnicities, attitudes and opinions within an environment best defines:
- a. diversity.
 - b. multiculturalism.
 - c. cultural competence.
 - d. cross-cultural understanding
- 4-6. Where on the cultural competence continuum would a person be placed who has attained a life-long commitment to developing the beliefs, attitudes, values and skills necessary to respond with respect and empathy to all people?

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|----|---------------------|----|----------------------|
| a. | Cultural Relativism | c. | Cultural Competence |
| b. | Cultural Awareness | d. | Cultural Proficiency |

Essay or Short Answer Questions

- 4-7. List and briefly discuss the principles of a Healthy Communities initiative.
- 4-8. Identify and discuss the five essentials for building healthy communities.
- 4-9. Discuss the importance of performance monitoring in healthy communities initiatives.
- 4-10. List and briefly discuss five elements in the dynamics of community planning.
- 4-11. Briefly discuss the essentials of cultural competence and how they impact the health of individuals and communities.
- 4-12. Define the word "culture" using your health discipline as an illustration.
- 4-13. Briefly discuss the impact of language and literacy issues on community and individual health.
- 4-14. Briefly discuss stereotyping and racism as stumbling blocks to diversity.

Ideas for small group projects, research reports or papers

- 4-15. Select one Healthy Communities initiative (not already described) and research its history to outline its origin, plans and current outcomes.

**Population Health for Health Professionals
Learning Assessment Tools Key
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4-1. c

4-2. c

4-3. a

4-4. b

4-5. b

4.6. c