

Pharmacology for Long Acting Reversible Contraception

Long acting reversible contraceptives (LARCs) have been shown to be a highly effective, long-term contraceptive solution in women. Available options include intrauterine devices (IUDs) and subdermal hormonal implants. Despite their proven high efficacy, a lack of knowledge in the medical community as well as barriers to access have limited their use. This program aims to provide a baseline education on the pharmacological options available in the United States, explore the framework of an effective patient-centered discussion, as well as identify potential barriers.

OBJECTIVES:

At the completion of this program, the participant will be able to:

- » Discuss trends of LARC prescribing from the 1980s until present day
- » Identify and navigate potential barriers to access
- » Review the available pharmacologic devices including IUDs and subdermal hormonal implants
- » Determine appropriate selection of LARCs for specific patient types including appropriate engagement in patient-centered discussion

Credits Available at No Cost

PHYSICIANS:

Credit Designation: The Medical University of South Carolina designates this enduring material for 1.0 AMA PRA Category 1 Credit(s)[™]. Physicians should only claim the credit commensurate with the extent of their participation in the activity.

Accreditation Statement: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Medical University of South Carolina and South Carolina AHEC. The Medical University of South Carolina is accredited by the ACCME to provide continuing medical education for physicians.

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The Activity Director, planners and presenters of this enduring activity have no relevant financial relationships with commercial interests.

OTHER PROVIDERS: (PA, NP, PHARMACISTS, NURSES)

The Medical University of South Carolina will award 1 CEUs (0.1 contact hours) for full time attendance. 1 contact hour equals 0.1 CEU. This enduring activity has been approved for 1 AMA PRA Category 1 Credit[™].



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