

# Breaking Through Denial Online Course



## ACCESS

This course will be Available Mid-December 2020 on the SC AHEC Learning Portal. To register, visit: [www.scahec.net/learn/RCORP](http://www.scahec.net/learn/RCORP)



## COURSE PURPOSE

This presentation will provide a comprehensive review of defensive mechanisms for those struggling with substance use disorders. Family and significant other reactions that facilitate and propagate the denial process will be discussed.



## REGISTRATION FEE

Free to All Participants



## ABOUT THE INSTRUCTOR

**Amber Hollingsworth, LPC, MAC, CACII, CCS** received a Bachelor's of Education from the University of Tennessee and a Master's of Counselor's Education from Clemson University. Amber is a Licensed Professional Counselor in private practice at the Family Therapy & Trauma Center. She has worked with both adults and adolescents as a counselor for the last 8 years in both inpatient and outpatient settings. Prior to that, she was a public school teacher for 3 years.



## LEARNING OBJECTIVES

At the conclusion of this program, participants will be able to:

- Identify 3 defense mechanisms common to individuals struggling with Substance Use Disorders.
- Describe how defense mechanisms used by the individual with Substance Use Disorder, impact their family members.
- Discuss at least 3 common family reactions that worsen the denial process.



## CONTINUING EDUCATION CREDIT

**Licensed Nurses:** Upstate AHEC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. Upon successful completion of this program, attendees will receive **1.0** contact hour.

**Social Workers:** This program has been approved for **1.0** clock hour of non-social work continuing education by Upstate AHEC, as part of the SC AHEC system, under its accreditation by the SC Board of Social Work Examiners.

**Licensed Professional Counselors and Therapists:** This program has been approved for **1.0** hours of continuing education by SC AHEC under its accreditation by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

**Others:** This program is approved for **0.1 CEUs (1.0 clock hour)** by Upstate AHEC and meets the SC AHEC Best Practice Standards.

**Successful completion of the program requires attendance for 90 percent of the program and a completed online evaluation by the participant within 10 calendar days of the program date. A certificate of completion will not be made available to you if the evaluation is not completed within this timeframe. No partial credit available.**