



Health Occupations Providing Excellence in Workforce Wellness and Resiliency *Community Practitioner Series*



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Description

The Community Practitioner Series aims to promote resiliency among health care professionals. Interested community practitioners may complete each training individually for free CEUs and/or complete the entire series for a Certificate in Workforce Wellness and Resiliency.

Credit Designation

AHEC: This program is approved for 0.1 CEU's (1.0 clock hours) of continuing education by Mid-Carolina AHEC, Inc. and meets the SC AHEC Best Practices Standards. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.

COUNSELORS & THERAPISTS: This program has been pre-approved for 1.0 hours of continuing education by SC AHEC under its accreditation by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

NURSING: Mid-Carolina AHEC is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This nursing continuing education activity has been approved for 1.0 hours. **SOCIAL WORKERS:** This program has been approved by the SC Board of Social Work Examiners for 1.0 clock hours of social work continuing education.

ACPE: The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Please see individual activity listings in the flyer for specific information about CEU designations, learning objectives, and activity types. Participants must sign-in/register, participate in all active learning activities, respond to all learning assessment questions, and complete the online evaluations of each activity at <http://cop.sc.learningexpressce.com> in order to obtain credit. Detailed instructions on how to claim CPE credit will be provided.



No Program Fee

This program is free to attend but registration is required

*Each statewide webinar will be
2:00pm - 3:00pm*

August 18, 2022

Improving Mindfulness

September 15, 2022

Emotion Identification and Regulation

October 20, 2022 (2 Sessions)

2:00pm - 3:00pm - Introduction to the Culture of Burnout and Psychological Safety

3:00pm - 4:00pm - Interprofessional Effectiveness

November 17, 2022

Stress Management with Tolerating Stress Techniques

December 15, 2022

Interprofessional Ethics and Team Skills

For more information and to register, visit:
www.scahec.net/learn



College of Social Work



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ACPE Activity Announcement

September 15, 2022 2:00 – 3:00pm	Emotion Identification and Regulation Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-154-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Discuss the science behind emotions2. Define emotions and how to identify them3. Apply strategies to manage one's experience of emotions
October 20, 2022 2:00 – 3:00pm	Interprofessional Effectiveness Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-155-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Identify components to relationships that must be considered in developing and building healthy relationships2. Develop strategies for managing needs, demands with expectations, and communicate these effectively3. Apply strategies to case scenarios
November 17, 2022 2:00 – 3:00pm	Stress Management with Tolerating Stress Techniques Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-156-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Describe the impact of stress on the body and brain2. Identify stress management techniques3. Apply strategies through use of case scenarios
December 15, 2022 2:00 – 3:00pm	Interprofessional Ethics and Team Skills Melissa Reitmeier, PhD, LMSW, MSW; Clinical Professor, UofSC College of Social Work <i>ACPE UAN 0062-9999-22-157-L99-P/T, 1.0 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> <ol style="list-style-type: none">1. Identify ethics from different health occupations2. Compare various Team models and measures for improving function on interprofessional teams3. Apply strategies through use of case scenarios

Continuing Pharmacy Education:

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Participants must sign-in/register, participate in all active learning activities, respond to all learning assessment questions, and complete the online evaluations of each activity at <http://cop.sc.learningexpressce.com> in order to obtain credit. Detailed instructions on how to claim CPE credit will be provided: participants must create or update their Learning Express profile with their NABP e-Profile ID and birth month/day and complete the online program evaluations in order for credit to be submitted to the NABP CPE Monitor System. Completion of evaluations within 30 days of the program will ensure credit is transmitted; any credit claimed greater than 60 days after the conclusion of the program will not be accepted by the NABP CPE Monitor.