

Who's watching the kids? An Overview of Common Pandemic Related Mental Health Issues and Evidence- Based Treatment Options

A part of the Rural Health Equity Series

Although healthy children in general appear to have a lower risk of developing severe complications from Covid-19 than adults, they have not escaped the effects of the pandemic. Studies are reporting a rise in cases of pediatric depression, anxiety, and even suicidal ideation. This course reviews the most common pediatric mental health illnesses found post-pandemic, demonstrates assessment tools, and lists treatment options available.

Objectives:

Upon completion of this program, the participant should be able to:

1. List the most common psycho-social manifestations related to Covid-19.
2. Recognize the signs and symptoms of common mental health concerns reported post Covid-19.
3. Describe evidence-based treatment options for pediatric Covid-19 related psychological conditions.



On-Demand Video

Target Audience:

APRNs, Nurses, Social Workers, and other healthcare providers

Price: Free



Register at: bit.ly/RuralHE

Credit

AHEC: This program is approved for 0.075 CEU's (0.75 clock hour) by Pee Dee AHEC and meets SC AHEC Best Practice Standards.

Nursing: Pee Dee Area Health Education Center is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This nursing continuing education awards 0.75 contact hour upon successful completion.

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 0.75 hour of non-social work credit.

Successful completion of the program requires the completion of an online evaluation as well as successful completion of a posttest.



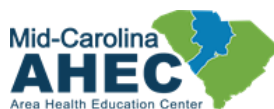
Instructor

Gaye M. Douglas, DNP, Med, APRN-BC
Pee Dee Mental Health

Gaye is a family nurse practitioner who has had an interest in child and adolescent mental health for nearly 20 years. Seeing her sister's family struggle trying to get care for their 3-year-old daughter made her more aware of what people in rural communities go through to get care. While practicing as a school nurse for Florence County School District Five, Gaye saw first-hand the struggle to get primary care services for students. She completed her Master's Degree in Nursing, became a family nurse practitioner, and was awarded a half million-dollar Duke Endowment grant to start a practice within the school district. The burden of mental and behavioral health issues among children became evident early on. To better serve this

population, she completed her Doctor of Nursing Practice at MUSC, focusing on developmental and behavioral pediatrics. Currently practicing at Pee Dee Mental Health, Gaye is both the provider and the program manager for the school-based telepsych program operating in Darlington County School District.

Brought to you by:



This program is supported by funding from the Health Equity Initiative, in partnership with the SC Office of Rural Health (SCORH) and SC Department of Health and Environmental Control (SC DHEC). The Health Equity Initiative is part of a national project by the Centers for Disease Control and Prevention (CDC), supported by funding through the Coronavirus Response and Relief Supplemental Appropriations Act.

Register at www.scahec.net/learn