

Genograms: Uses in Therapy and Supervision



DESCRIPTION

Understanding the family background of our clients can help both the client and the practitioner avoid therapeutic pitfalls, thus facilitating a smoother course of treatment. The genogram, or therapeutic family tree, is a quick and effective tool with which to gather this information. The genogram can be used in both individual and family therapy, as well as case presentations and clinical supervision. Not only does the genogram give us a visual representation of a client's family structure, it can help the therapist and the client discover generational alliances and conflicts that continue to exert considerable influence in the client's life. Additionally, doing a personal genogram can help the clinician understand the family values and experiences that s/he brings into the therapeutic space, hopefully decreasing counter-transference issues. Workshop participants will learn standard genogram symbology, how to construct and interpret a genogram, and begin their own personal genograms, ending the day with increased knowledge and tools to enhance therapeutic effectiveness.

OBJECTIVES

Upon completion of this program, the participant should be able to:

1. Produce a genogram using standard symbols.
2. Recognize family patterns and learn how to use these to improve therapeutic outcomes.
3. Know how to use a genogram in case presentation/clinical supervision.
4. Identify patterns within one's own genogram and learn how these might impact one's work with clients.

TARGET AUDIENCE

Counselors, Therapists, Social Workers, and any other interested healthcare professionals.

FEE

Consortium Members: \$30

Non Consortium Members: \$60

Parking: Please park in the West Parking Deck

McLeod Health employees should observe established employee parking guidelines, See Policy: PARKING REGULATIONS (Administrative Policies).

Friday, February 23, 2024

8:45 am - 9:00 am Check-in & Coffee
9:00 am - 4:00 pm Program

LOCATION

MOB West Suite 350
101 South Ravenel Street
Florence, SC 29506

INSTRUCTOR

Jane Hart Lewis, MS, LPC, LPCS, NCC, DBTC

Ms. Lewis has formal training in Dialectical Behavior therapy, Experiential Remapping, Re-decision Therapy and Cognitive Behavior Therapy. She has worked with adults, adolescents and children in her practice. Prior to opening her private practice, Ms. Lewis worked for the South Carolina Department of Mental Health for 20 years. Ms. Lewis has a master's degree in Applied Psychology from Francis Marion University and a bachelor's degree in Philosophy from The University of the South in Sewanee, TN. She is the first recipient of the Francis Marion University Department of Psychology's Professional Psychology Award. Ms. Lewis has provided training for PDAHEC, the South Carolina Department of Mental Health, the South Carolina Association for Marriage and Family Therapists, among others.

CREDIT

AHEC: This program is approved for 0.60 CEU's (6.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 6.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 6.0 hours of non social work credit.

Visit our website
<https://www.scahec.net/learn/programs/3436>
to register or contact Kimberly Morris
at 843-777-5352 or
kimberlymorris@mcleodhealth.org

