

Health Occupations Providing Excellence in Workforce Wellness and Resiliency *Community Practitioner Series*

Aidyn Iachini, PhD, MSW, LSW
Professor
USC College of Social Work



HOPE
Workforce Wellness and Resiliency

Description

The Community Practitioner Series aims to promote resiliency among health care professionals. Interested community practitioners may complete each training individually for free CEUs and/or complete the entire series for a Certificate in Workforce Wellness and Resiliency.

AHEC: This program is approved for 0.15 CEU's (1.5 clock hours) of continuing education by Mid-Carolina AHEC, Inc. and meets the SC AHEC Continuing Education Best Practice Standards. Participants must attend 90% of the program to receive a certificate of attendance. No partial credit will be given.

COUNSELORS & THERAPISTS: This program has been pre approved for 1.5 hours of continuing education by SC AHEC under its accreditation by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

NURSING: Nursing: Mid-Carolina AHEC is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This nursing continuing education activity has been approved for 1.5 hours.

SOCIAL WORKERS: This program has been approved by the SC Board of Social Work Examiners for 1.5 clock hours of social work continuing education.

PHARMACY: The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Please see individual activity listings in the flyer (page 2) for specific information about CEU designations, learning objectives, activity types, and how to claim credit



College of Social Work
UNIVERSITY OF SOUTH CAROLINA

Each statewide webinar will be 12:00pm-1:30pm unless stated otherwise.

January 25, 2024

Emotion Recognition and Management to Maintain a Positive Outlook

February 29, 2024

The Development of Stress Management Skills: Navigation Stress in Workplace

March 21, 2024

Interventions for Burnout and Self-Care Techniques to Improve Well-Being

April 18, 2024

Transdisciplinary Supervision

May 23, 2024

Integrating Mindfulness into Clinical Practice

No Program Fee

This program is free to attend but registration is required.



For more information & to register, visit:
www.scahec.net/learn

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Community Practitioner Series – ACPE Activity Announcement

This program is accredited for Pharmacists & Pharmacy Technicians

January 25, 2024 12:00pm – 1:30pm	Emotion Recognition and Management to Maintain a Positive Outlook Aidyn Iachini, PhD, MSW, LSW; Professor, USC College of Social Work <i>ACPE UAN 0062-9999-23-038-L99-P/T, 1.5 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> 1. Recognize emotions and their impact on self 2. Discuss the relationship between emotions and wellness 3. Develop strategies for regulating emotions 4. Apply strategies to case scenarios
February 29, 2024 12:00pm – 1:30pm	The Development of Stress Management Skills: Navigating Stress in Workplace Aidyn Iachini, PhD, MSW, LSW; Professor, USC College of Social Work <i>ACPE UAN 0062-9999-23-039-L99-P/T, 1.5 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> 1. Describe the impact of stress on the body and brain 2. Develop evidence-based stress management techniques 3. Integrate skills learned into practitioner's practice 4. Apply strategies to case scenarios
March 21, 2024 12:00pm – 1:30pm	Interventions for Burnout and Self-Care Techniques to Improve Well-Being Aidyn Iachini, PhD, MSW, LSW; Professor, USC College of Social Work <i>ACPE UAN 0062-9999-23-040-L99-P/T, 1.5 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> 1. Discuss the importance of self-care 2. Discuss self-care techniques and wellness interventions 3. Develop self-care techniques 4. Apply strategies through use of case scenarios
April 18, 2024 12:00pm – 1:30pm	Transdisciplinary Supervision Aidyn Iachini, PhD, MSW, LSW; Professor, USC College of Social Work <i>ACPE UAN 0062-9999-23-041-L99-P/T, 1.5 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> 1. Define transdisciplinary and SUPER-vision 2. Identify the importance of teamwork and workplace culture 3. Develop skills to maintain positive relationships and handle difficult situations in the workplace 4. Apply strategies through use of case scenarios
May 23, 2024 1:30pm – 1:30pm	Integrating Mindfulness into Clinical Practice Aidyn Iachini, PhD, MSW, LSW; Professor, USC College of Social Work <i>ACPE UAN 0062-9999-23-042-L99-P/T, 1.5 contact hours, application-based activity</i> <i>At the completion of this activity, the participant will be able to:</i> 1. Define mindfulness and how it differs from other techniques 2. Discuss how mindfulness can help practitioners in the clinical setting 3. Apply mindfulness techniques to case scenarios

Claiming Continuing Pharmacy Education Credit

The University of South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmacy education. Please see individual activity listings above for specific information about CEU designations, learning objectives, and activity types.



Participants must sign-in/register, participate in all active learning activities, respond to all learning assessment questions, and complete the online evaluations of each activity at <http://cop.sc.learningexpressce.com> in order to obtain credit. Detailed instructions on how to claim CPE credit will be provided: participants must create or update their Learning Express profile with their NABP e-Profile ID and birth month/day and complete the online program evaluations in order for credit to be submitted to the NABP CPE Monitor System. Completion of evaluations within 30 days of the program will ensure credit is transmitted; any credit claimed greater than 60 days after the conclusion of the program will not be accepted by the NABP CPE Monitor.