

The factors that influence where we live, work and play have a tremendous impact on one's health, and these factors can affect anyone, regardless of age, race, ethnicity. These social determinants of health have an even more critical impact on health in rural environments where access to quality health services can be limited. This presentation will cover the basic concepts of health and well-being, provide definitions and examples of the various social determinants of health in rural environments and provide an overview of trends in health outcomes as related to the factors that influence health.

Objectives:

Upon completion of this program, the participant should be able to:

- 1. Explain the concepts of health and well-being.
- 2. Define and explain the social determinants of health.
- 3. Identify the socioeconomic factors that influence health.



On-Demand Video

Target Audience: APRNs,

Counselors/Therapists, Nurses, Social Workers, and other healthcare providers

Price: Free



Credit

AHEC: This program is approved for 0.075 CEU's (0.75 clock hour) by Pee Dee AHEC and meets SC AHEC Best Practice Standards.

Counselors and Therapists: This program is approved for 0.75 hour of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Nursing: Pee Dee Area Health Education Center is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

This nursing continuing education awards 0.75 contact hour upon successful completion.

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 0.75 hour of non-social work credit.

Successful completion of the program requires completed online evaluation by the participant within 10 calendar days of the program date. A certificate of completion will not be made available to you if the evaluation is not completed within this timeframe. No partial credit available.



Instructor
Sarah Kershner, PhD, MPH
Associate Professor and Chair, Department of Healthcare
Administration
Francis Marion University

Dr. Kershner joined Francis Marion University in Spring 2017 and currently serves as an Associate Professor of Public Health and Chair of the Healthcare Administration Department. Sarah received a Bachelor of Science degree in Health Science from Clemson

University, Master of Public Health degree from the University of South Carolina, and Doctor of Philosophy degree in Health Promotion, Education and Behavior from the University of South Carolina, Arnold School of Public Health. Sarah's interest areas include reproductive health/sexual health, research and evaluation, LGBTQ+ inclusivity in healthcare, contraceptive technologies, sexually transmitted infections, and adolescent risky behaviors.

Prior to her role at Francis Marion, Sarah worked at Fact Forward (formerly SC Campaign to Prevent Teen Pregnancy) for over nine years where she managed a federal research study supporting the implementation of a reproductive health curricula in South Carolina middle schools aimed at reducing the teen birth rate statewide. Sarah has authored several peer-reviewed articles, presented dozens of presentations nationwide and has been involved on review teams and panels with Mathematica Policy Research, Cornell University and ETR Associates.

Sarah grew up in Florence and is happy to have returned to the Pee Dee area after living ten years in Columbia. Sarah resides in Olanta, SC with her husband, their ten-year-old son and five "furbabies."

Brought to you by:













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