



Embracing your Counselors

DESCRIPTION

Use of self refers specifically to the ways in which a therapist draws upon their own feelings, experiences, and personality to enhance the therapeutic process. We are shaped by our social contacts, cultural influences, and the families who raise us. In a field of people helping people, this means the ways we are shaped constantly intersect with the ways our clients are shaped. Different experiences can be related through shared emotions while similar experiences may elicit completely different emotional reactions. Studies show that those in the field of counseling, upwards of 60% of us have significant unresolved issues which potentially can interfere with the therapeutic relationship. the ways we are shaped and how we process

This experiential workshop will elicit participant involvement to explore a use of self model, utilize real life scenarios and have participants walk away with practical interventions to apply with their clients and in their own supervision. our experiences determines how our therapeutic styles are formed.

OBJECTIVES

Upon completion of this program, the participant should be able to:

1. Explore the use of self model and be able to apply it to themselves.
2. Engage in experiential activities to practice applying how use of self concepts can be integrated into treatment..
3. Articulate how the use of self will apply to clinical, individual, and peer supervision.

TARGET AUDIENCE

Counselors, Therapists, Mental Health Professionals, Social Workers, and any other interested healthcare professionals.

FEE \$25 Consortium Member
\$50 Non-consortium Member

Cancellations and Refund Policy: Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund dead-line, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

To register please visit www.scahec.net/learn/peedee/cpd

For questions please contact Kimberly Morris

843-777-5352

kimberlymorris@mcleodhealth.org

Wednesday, May 15, 2024

9:00 am - 1:15 pm
Webinar via WebEx

CREDIT

AHEC: This program is approved for 0.4 CEU's (4.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 4.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 4.0 hours of social work credit hours.

INSTRUCTOR

Stephanie Glickman, MSW, LCSW
Program Consultation Director



Stephanie provides training and consultation services. She also currently works for the non-profit Family Centered Treatment Foundation as the VP of Clinical Services promoting evidenced-based systemically focused family therapy. She has over 20 years experience working with a wide variety of populations with extensive training in patterns of domestic violence, family systemic therapy, self-injurious behaviors and leadership development. She has been an adjunct professor at Johnson C. Smith University and UNC Charlotte and a long-standing Field Instructor for Social Work Practicum Students. She received her Bachelors degree in Psychology from Northeastern University and her Masters of Social Work from Simmons University. She additionally has been an LCSW Clinical Supervisor for over 10 years.