

Introduction to Motivational Interviewing



DESCRIPTION

Motivational Interviewing is a therapeutic style that has grown in popularity in the counseling profession because of its ease of application and effective results. Learning the basics of motivational interviewing and how to apply them within your professional field will heighten your effectiveness with your clients. Motivational interviewing allows the client to be the engine behind making changes in their lives and leads the client to the kind of self-awareness that promotes true and often lasting change.

OBJECTIVES

Upon completion of this course, the participant should be able to:

- 1. Use basic working knowledge of Motivational Interviewing.
- 2. Discuss the principles of Motivational Interviewing.
- 3. Demonstrate reflexive listening & open-ended questions and under-standing the importance of these techniques.
- 4. List the stages of change.

TARGET AUDIENCE

Counselors & Therapists, Psychologists, Social Workers, and any other interested healthcare professionals

FEE \$40 Consortium Member \$80 Non-Consortium Member Deadline to register: 6/6/24

Cancellations and Refund Policy: Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

June 7, 2024

9:00 am - 4:00 pm Medical Park West 101 S. Ravenel St. Florence, SC 29501 Suite 350

CREDIT

AHEC: This program is approved for 0.55 CEU's (5.5 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 5.5 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 5.5 hours of non-social work credit hours.

INSTRUCTOR

David Kahn, PhD, LPC, LPC/S

David is the founder, President and owner of The Counseling Center of Florence, LLC. With more than 30 years of experience providing counseling services for adolescents, adults, couples, and families experiencing relationship conflict, blended family issues, substance use disorder issues, depression, anxiety, work and social-related issues. Dr. Kahn offers a range of techniques and methods appropriate for each client's individual needs, including cognitive behavior therapy (CBT), person-centered therapy, family-systems therapy, and motivational interviewing techniques among others.



To register please visit
www.scahec.net/learn/login
For questions, please contact
Kimberly Morris
at 843-777-5352
kimberlymorris@mcleodhealth.org