



Mental Health Topics for School Nurses on AHEC Learning Portal

August 29, 2024 thru August 19, 2026

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Learning Outcome:

As a result of this program, at least 80% of the participants will report an increase in knowledge regarding multi-tiered systems of support (MTSS), autism, suicide, non-suicidal self-injury (NSSI), substance abuse, and notice and (co) regulation.

Description:

School nurses often feel like they lack the knowledge and skills necessary to address mental health issues in their student population. Mental health diagnoses and symptoms are often comorbid with other diagnoses, so the school nurse is in the critical role of possibly being the student's only healthcare professional contact. It is a priority to know how to help students develop coping skills and resilience and connect them and their families to school and community resources. This series seeks to close knowledge gaps and relate mental health topics to the educational setting for nurses, helping students optimize their school experience.

Speakers:

Panel

Objectives:

Module 1:

- Explain how the multi-tiered systems of support (MTSS) framework can be used to implement social-emotional learning programs, improve the health office environment, and drive overall system improvements.

Module 2:

- Discuss autism as a spectrum disorder.

Module 3:

- Describe the role of School Nurses in suicide prevention.

Module 4:

- Identify effective strategies to communicate with students who engage in non-suicidal self-injury (NSSI).

Module 5:

- Recognize the signs of hyperarousal and dissociative stress responses and how to engage in co-regulation with students in a stress response.

Module 6:

- Analyze the risk factors for substance misuse and mental health issues among youth, as well as how schools can implement SBIRT for prevention and intervention.

Continuing Education Credit:

Nurses: This nursing continuing education activity awards 10.5 contact hours upon successful completion.

Lowcountry AHEC is approved as a provider of nursing continuing professional development by South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

All Participants: This program provides 10.5 clock hours (1.05 CEUs) by Lowcountry AHEC and meets SC AHEC Continuing Education Best Practice Standards.

Fees:

No Fees

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