

# Understanding and Treating Client with Dual Diagnoses



## DESCRIPTION

Dual diagnosis, also known as co-occurring disorders, refers to the simultaneous presence of a mental health disorder and a substance use disorder and requires an integrated approach to treatment and support. This workshop aims to equip mental health professionals with the necessary tools and strategies to provide services to this population. **OBJECTIVES** 

Upon completion of this course, the participant should be able to:

- 1. Gain a comprehensive understanding of dual diagnosis.
- 2. Explore the definition, prevalence, and various types of co-occurring disorders, including common combinations of mental health and substance use disorders.
- 3. Recognize diagnostic challenges and assessment techniques.
- 4. Identify the unique diagnostic challenges faced when working with individuals with dual diagnoses and learn effective assessment strategies to accurately evaluate and diagnose co-occurring disorders.
- 5. Explore evidence-based treatment approaches.
- 6. Review evidence-based interventions and treatment models specifically designed for individuals with dual diagnoses, including integrated treatment approaches and harm reduction strategies.
- 7. Acquire practical skills to engage, motivate, and build therapeutic alliances with individuals with dual diagnoses, including techniques for addressing resistance and ambivalence.

**FEE:** Consortium Member:\$45 Non-consortium Member \$90 Deadline to register: 5/29/2025

**Cancellations and Refund Policy:** Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your inperson or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days.

#### INSTRUCTOR

#### Barbara Melton, M.Ed., LPC/S, LAC?s, NCC/MAC, CS

Barbara has a private practice in Summerville and specializes in trauma, grief/loss, and self injury. She is the Past President of the Board of the SC Assn of Licensed Professional Counselors. She is also a contract Supervisor for the Dorchester A&D Commission. She has taught graduate level courses for Columbia College, Coastal Carolina University and Webster University and serves on the Ethics Committee.

# Friday, May 30, 2025

9:00 am - 3:30 pm McLeod Medical Park West 101 S. Ravenel St. Florence, SC 29501 Suite 350

## TARGET AUDIENCE

Counselors & Family Therapists, Social Workers, and any other interested healthcare professionals

#### CREDIT

**AHEC:** This program is approved for 0.52 CEU's (5.2 clock hour) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

**Counselors and Therapists:** This program is approved for 5.2 hour of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

**Social Workers:** Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 5.2 hour of non-social work credit hours.



Please visit <u>www.scahec.net/learn/login</u> to register or scan QR code

For questions, please contact Kimberly Morris 843-777-5352 or Kimberlymorris@mcleodhealth.org