

# ***The Digital Dilemma: Navigating Clinical Challenges When Helping Children and Families Address Screen Use***

***Friday, March 21, 2025***

## **2-Hour Webinar 9:00am-11:00am**

### **Description**

As more and more evidence highlight the negative consequences of our cultural dependence on screen use and the impact it is having on children and families, practitioners are often asked to help navigate this complex and evolving landscape.

### **Learning Outcomes**

On successful completion of the activity the participant will be able to:

1. Identify the most common uses and functions of screen use in children and adolescents.
2. Examine the current research regarding the impact on development, health and well being.
3. Acquire resources and strategies to assist with effective interventions to enhance clinical work in this area.

### **Instructor**

**Christian F. Mauro, Ph.D.** is an Associate Professor in the Department of Psychiatry and Behavioral Sciences. Dr. Mauro is the director of the APA Accredited Clinical Psychology Doctoral Internship Program and part of the executive team of the Master in Biomedical Sciences Program. Clinically, he is the Director of the Psychosocial Treatment Clinic where he supervises and trains graduate students, psychology interns, and child psychiatry fellows in evidence-based practice for children, adolescents and families. Dr. Mauro has been a certified cognitive behavioral therapist (CBT) on a number of NIMH funded clinical trials and was the CBT Supervisor for The Child and Adolescent Anxiety Multimodal Treatment Study (CAMS) at Duke University. He is currently a member of the North Carolina Psychological Association's Professional Affairs and Ethics Committee and is dedicated to interprofessional clinical education.

### **Cost**

**\$30 Consortium Member \$60 Non-consortium Member**

### **Credit**

**AHEC:** This program is approved for 0.2CEU's (2.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice Standards.

**Social Worker:** This program is approved for 2 non-social work hours of continuing education by Pee Dee AHEC, a part of the South Carolina AHEC system, as defined by the South Carolina Board of Social Work Examiners.

**Counselor/Therapist:** This program is approved for 2 hours of continuing education by Pee Dee AHEC, a division of SC AHEC, under its accreditation by the South Carolina Board of Examiners for Licensed Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

*Participants must attend 90% of the program in order to receive a certificate of attendance.*

### **Target Audience**

Counselors/Therapists, Social Workers, and any other interested participants

