

Maximizing Stroke Recovery in Acute Care and Inpatient Rehab to Prepare for Outpatient Success

DESCRIPTION

Stroke recovery depends on lesion location, size and severity as well as social determinants of health. If exercise is medicine, then the appropriate type and dosage that will lead to the long term highest functional outcome of safe mobility (usually walking) will be of significant importance. This course will emphasize FITT-CORRECT principles and other treatment interventions to improve sensorimotor recovery at the body structure/function and activity levels. This course provides therapy practitioners with opportunities for clinical problem solving and decision-making via various media sources and instructor-participant interaction using a case study or case scenario format. During the last 15 minutes, be prepared to have questions regarding examination, evaluation of examination data, and therapeutic interventions to progress or regress plans of care to gain insight from the instructor and peers on best practices for stroke rehabilitation.

OBJECTIVES

Upon completion of this course, the participant should be able to:

1. Determine how a lesion contributes to impairment and impacts choice of treatment intervention for best outcome based on person, task and environment.
2. Create treatment strategies to promote function at the body structure/function or activity level despite abnormal movement patterns.
3. Demonstrate hand placement for inhibiting or facilitating muscle activity or functional movement associated with the upper extremity, trunk and lower extremity.
4. Apply the principles of FITT-CORRECT to therapeutic interventions based on lesion location and impairment.
5. Integrate information learned that can be immediately applied to neurologic rehabilitation practice

Target Audience:

Physical Therapist, Physical Therapist Assistant, Occupational Therapist, Certified Occupational Therapist Assistant

FEE \$135 Consortium Member \$265 Non-Consortium Member

Deadline to register: 6/6/2025

Cancellations and Refund Policy: Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

INSTRUCTOR

Jennifaye V. Brown, PT, MSPT, PhD, NCS, CAPS has 35 years of clinical experience focused in neurorehabilitation across the continuum of care and has presented numerous continuing education courses on adult neurologic assessment and treatment intervention for acquired brain injury, particularly stroke. Her primary research agenda explored the perceptions of individuals with stroke regarding their experiences with AFO fabrication, modification and maintenance and how the AFO impacts walking and participation in life roles. Her research has culminated in a book, *Brace Yourself - Everything You Wanted to Know About AFOs After Stroke*. As an Advanced Credentialed Clinical Instructor by the Clinical Instructor Education Board and a four 10-year term board certified neurologic clinical specialist by the American Board of Physical Therapy Specialties (ABPTS) of the APTA, Dr. Brown has taught at six PT and two PTA programs. She is a Certified Aging in Place Specialist, conducting home assessments for the South Carolina (SC) Department of Disabilities and Special Needs in addition to individuals with recent neurologic diagnoses. Dr. Brown is a member of the APTA, Neurology Section of the APTA, SC Chapter of the APTA, Aerobics & Fitness Association of America, and a graduate of the prestigious APTA Fellowship in Education Leadership.

Saturday
June 7, 2025

8:00am-3:30pm
2439 Willwood Dr.
Florence, SC 29501



To register, scan
For questions, please contact
Kimberly Morris at 843-777-5352
kimberlymorris@mcleodhealth.org

CREDIT

AHEC: This program is approved for 0.65 CEU's (6.5 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Occupational Therapy: 6.5 contact hours of continuing education for Occupational Therapists by the SC Occupational Therapy Association has been approved for 6.5 CEUs. Physical Therapy: 6.5 contact hours of continuing education for physical therapist has been approved by the SC APTA for .65 CEUs.

