Clinical Reasoning to the Foot and Ankle: An In-depth Approach to Evaluation and Treatment

DATE/TIME:
Saturday, February 28, 2026
8:30am - 4:30pm
Sunday, March 1, 2026
8:00am-12:00pm

LOCATION:
McLeod Outpatient Rehabilitation and Sports Medicine
2439 Willwood Dr.
Florence, SC 29501

FEES:
Consortium Member: $160
Non-consortium Member: $260
Registration Deadline:
Friday, February 27, 2026

TARGET AUDIENCE:
Athletic Trainers, Physical Therapist, Physical Therapist Assistant

CANCELLATION & REFUND POLICY:
Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

Pee Dee AHEC

DESCRIPTION

The course "Clinical Reasoning of the Foot and Ankle" relates to physical therapy by focusing on evaluation and treatment of common pathologies of the foot and ankle that physical therapist see regularly in their daily practice. The ultimate objective is to develop a clinical paradigm for a thorough lower extremity evaluation and development of an evidence informed plan of care for treatment with focus on manual therapy and clinical reasoning.

OBJECTIVES

Upon completion of this program, the participant should be able to:

1. Articulate the anatomy of the foot and ankle and how it relates to function.
2. Discuss the biomechanics of the lower extremity and how it relates to function.
3. Provide a thorough lower extremity evaluation and relates it to the foot and ankle complex.
4. Detail how to clinically reason through treatment of foot and ankle injuries such as tendinopathy, ligament sprains, and osteochondral defects.
5. Demonstrate correct ankle mobilization techniques.
6. Discuss the basic understanding of shoe and orthotic design.

INSTRUCTOR

Alex Volfson, DPT, OCS, CFMT

Alex Volfson was originally born in Belarus and immigrated to the United States in 1990. He grew up in Ohio and Georgia, later going to the University of Georgia for his undergraduate degree in Exercise Science. Afterwards, he went on to graduate school at the Medical College of Georgia and graduated with his Doctorate of Physical Therapy degree in 2009. Since graduation he has completed his orthopedic clinical specialist certification and went through a rigorous residency through the Institute of Physical Art. Professionally, he works in an outpatient setting primarily with orthopedic and sports medicine clientele. He is also in charge of the movement and running analysis lab. When not working, he enjoys spending time with his family, exercising and doing outdoor activities.

CREDIT

AHEC: This program is approved for 1.0 CEU's (10.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.
Physical Therapists: This program has been approved for 10.00 contact hours of continuing education by South Carolina AHEC under its accreditation by the South Carolina Department of Labor, Licensing, and Regulation Board of Examiners for Physical Therapy. Approved Number: CEUL155564 for 1.00 credits from 8/1/2025-7/31/2026.
Certified Athletic Trainers: Pee Dee AHEC/McLeod Health is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been ap-proved for a maximum of 10.0 hours of Category A Continuing education (10.0 CEU) Certified Athletic Trainers are responsible for claiming only those hours actually spent. Provider 3731

For more information or to register, scan the QR Code.

For questions, contact Kimberly Morris
at 843-777-5352 or
email at Kimberlymorris@mcleodhealth.org.