

# The S.T.A.B.L.E. Program

The S.T.A.B.L.E. Program is designed for the period following resuscitation of the newborn or neonate until care is transferred to the neonatal transport team. The S.T.A.B.L.E. curriculum includes detailed information on the assessment of both well and sick infants. The six assessment and care modules are organized using the S.T.A.B.L.E. mnemonic: Sugar, Temperature, Airway, Blood Pres-

-sure, Lab Work, and Emotional Support for the family. A seventh module, Quality Improvement stresses the professional responsibility of evaluating and improving care provided to sick infants. Each clinical module (STABL) provides detailed information on clinical signs, problem recognition, laboratory data, complications that can occur, and specific care recommendations to address illnesses or conditions that may be encountered.

S.T.A.B.L.E. is designed to provide information about neonatal assessment and stabilization for infant/maternal healthcare providers in all settings: rural community hospitals and birth centers, emergency personnel who transport a sick infant from home to hospital, nurses and physicians encountering a sick infant in the emergency room, and more complex hospital environments, including level 3 and 4 neonatal intensive care units.

The S.T.A.B.L.E Program is taught in 2 sessions, one being online and the other in-class. The online S.T.A.B.L.E. Foundations module is a four-part curriculum and **must be complete 24 hours before attending the in-class section.**

Tuesday, May 20, 2025

Tuesday, August 12, 2025

Tuesday, July 22, 2025

Tuesday, September 30, 2025

## IN-PERSON INSTRUCTOR

Laura Robertson, RNC, BSN, CLC  
Neonatal Outreach Educator - Pee Dee Region  
McLeod Regional Medical Center

## TARGET AUDIENCE

Neonatal Nurses, Respiratory Therapists and any other interested healthcare professional

## IN-PERSON LOCATION

McLeod Medical Park West  
Pee Dee AHEC Conference Room, Suite 350  
101 S, Ravenel Street Florence, SC 29506

## IN-PERSON TIME

8:30am - 5:00pm

## FEE

**Online Modules:** \$54 (Contact your director to inquire about payment. Some employers are covering the cost.)

## In-Person Class

### CE Credit

Non-Consortium & Consortium: \$10

### AHEC Certificate ONLY

Non-Consortium: \$10

Consortium: \$0

**Registration Deadline:** 4pm the day before the in-person class

## LEARNING OBJECTIVES

Upon completion of this program, the participant should be able to:

1. Summarize risk factors for neonatal hypoglycemia and the parameters for administering intravenous fluids and glucose management of sick neonates.
2. Outline the detrimental effects of hypothermia, and interventions to protect vulnerable infants from becoming hypothermic.
3. Identify degrees of respiratory distress in the newborn, labs, tests, and treatment of respiratory illnesses and airway challenges.
4. Summarize the exam findings, causes, and initial treatment of infants with hypovolemic, obstructive, cardiogenic, and septic shock.
5. Identify perinatal risk factors and clinical signs of neonatal infection, the bone marrow response to releasing neutrophils into the bloodstream, and when antibiotics may be necessary while awaiting blood culture results.

## CREDIT

SCNA (RN) 7.5 Hours

AHEC 7.5 Hours (0.75 CEUs)

## IN-PERSON REGISTRATION

or scan the QR Code.

For questions, contact

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