

Tools for Therapist



DESCRIPTION

Different clients respond to different techniques as we attempt to assist them in making change. Whether you are a new therapist or have been in the field for many years, there are times when you may feel stuck and are in search of a new set of “tools” in your practice. This workshop will present a variety of tools to use in various situations.

The following areas will be our primary focus: relationship issues (parental, marital); getting stuck/perspective concerns; communication concerns (listening, anger, non-assertiveness); general techniques to use in all situations. Join us for this workshop and feel free to bring some of your own ideas to share with participants.

OBJECTIVES

Upon completion of this course, the participant should be able to:

Learn the building blocks of achieving change.

Illustrate the role of communication and communication tools in the therapeutic process.

TARGET AUDIENCE

Counselors & Therapists, Psychologists, Nurses, Social Workers, and any other interested healthcare professionals

FEE \$40 Consortium Member \$ 80 Non-consortium Member
Deadline to register: 10/5/2025

Cancellations and Refund Policy: Cancellations must be made prior to each program’s cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable)

Refunds are typically processed within 10-15 business days after that.



Monday,

October 6, 2025

9:00 am - 12:15 pm

Webinar via WebEx

CREDIT

AHEC: This program is approved for 0.3 CEU's (3.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 3.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 3.0 hours of social work credit hours.

To register please visit
www.scahec.net/learn/login

For questions please contact

Kimberly Morris
at 843-777-5352

Kimberlymorris@mcleodhealth.org

INSTRUCTOR:

Francine “Cookie” Muscarella, MSW, LMSW

Cookie holds a Bachelor’s Degree and Master’s Degree in Social work from the State University of New York at Buffalo. Throughout her career, she has worked with various populations in the role of therapist, supervisor, agency director, adjunct professor, presenter and consultant. Working with children, teens, families, women, veterans, active-duty military members, and the mentally ill have given her a broad range of exposure to both common and specific issues of these groups. Both teaching and consulting have provided her with the joy of sharing her personal experiences as continuing the process of life-long learning.

