

Treating Child Trauma after Bone Breaks and Surgery

DESCRIPTION

This training explores the often-overlooked impact of medical trauma in children, specifically trauma resulting from bone fractures, surgical interventions, and prolonged medical care. While these experiences are necessary for physical healing, they can leave children with lingering emotional, psychological, and somatic distress. Participants will gain an in-depth understanding of how medical trauma is stored in the body, how it can disrupt a child's sense of safety, and how to support healing through somatic processing. The course emphasizes the integration of body-based regulation strategies, trauma-informed care principles, and family-centered approaches to restore trust, resilience, and emotional well-being. Through interactive discussion and applied practice, practitioners will learn how to help children safely process their experiences, reconnect with their bodies, and build effective coping mechanisms for future challenges.

OBJECTIVES

Upon completion of the course, participants should be able to:

- *Explain the unique characteristics of medical trauma in children resulting from bone breaks, surgeries, and medical procedures, including how trauma can be encoded in the body and nervous system.*
- *Utilize somatic processing techniques to help children release stored trauma, regulate their nervous systems, and restore a felt sense of safety.*
- *Integrate trauma-informed regulation and safety strategies into treatment planning, including collaboration with caregivers, medical professionals, and support systems to create environments that foster resilience and recovery.*

FEE \$25.00 Consortium Member \$50.00 Non-consortium Member

Deadline to register 2/11/26

Cancellations and Refund Policy: Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

INSTRUCTOR: Stephanie Glickman, LCSW, CCTP, is the founder of The Enrichment Collaborative in Charlotte, NC and Vice President of Clinical Services at the Family Centered Treatment Foundation. With over 20 years of experience in mental and behavioral health, she is recognized as a thought leader in trauma-informed care, leadership development, and clinical interventions. A sought-after national trainer and speaker, Stephanie has also served as an adjunct professor, field instructor, and clinical supervisor, mentoring the next generation of social workers. She holds a Bachelor's in Psychology from Northeastern University and a Master of Social Work from Simmons University.

To register visit www.scahec.net/learn/login or scan QR code
or contact Kimberly Morris 843-777-5352
kimberlymorris@mcleodhealth.org

Thursday,
February 12, 2026

9:00am - 11:00am
Webinar via WebEx

CREDIT

AHEC: This program is approved for 0.2 CEU's (2.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 2.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 2.0 hours of social work credit.



Building and Supporting the Healthcare Workforce South Carolina Needs