

Meeting Attachment Needs in Clinical Practice: Safety, Connection, and Attunement

DATE:

Friday, April 24, 2026

TIME:

9:00am - 11:00am

LOCATION:

Webinar via Webex

FEE:

None

Registration Deadline:

Thursday, April 23, 2026

TARGET AUDIENCE:

Counselors, Therapists, and Social Workers

CANCELLATION & REFUND POLICY:

Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

DESCRIPTION

This training provides practitioners with an in-depth exploration of attachment needs and their critical role in shaping safety, trust, and resilience within the therapeutic process. Drawing from core principles of attachment theory, the course emphasizes how clinicians can recognize and respond to attachment needs in children, adolescents, and adults particularly those impacted by trauma. Participants will learn practical strategies to weave attachment-informed practices into sessions, including fostering attunement, co-regulation, and secure relational patterns. The training also integrates opportunities for self-reflection on personal attachment styles, highlighting how a clinician's own relational lens influences therapeutic presence and connection. By addressing both theory and applied practice, this training equips professionals to create safe, attuned environments that promote healing, deepen client connection, and support the trauma recovery process.

OBJECTIVES

Upon completion of this program, the participant should be able to:

- Integrate attachment theory principles into therapeutic practice by identifying client attachment needs and incorporating strategies that foster safety, connection, and trust.
- Demonstrate techniques for attunement and co-regulation that strengthen the therapeutic alliance, support trauma processing, and promote relational healing.
- Engage in self-reflection to explore their own attachment style and understand how it shapes clinical interactions, therapeutic presence, and the ability to meet client needs effectively.

INSTRUCTOR**Stephanie Glickman, LCSW, CCTP**

Stephanie is the founder of The Enrichment Collaborative in Charlotte, NC and Vice President of Clinical Services at the Family Centered Treatment Foundation. With over 20 years of experience in mental and behavioral health, she is recognized as a thought leader in trauma-informed care, leadership development, and clinical interventions. A sought-after national trainer and speaker, Stephanie has also served as an adjunct professor, field instructor, and clinical supervisor, mentoring the next generation of social workers. She holds a Bachelor's in Psychology from Northeastern University and a Master of Social Work from Simmons University.

CREDIT

AHEC: This program is approved for 0.2 CEU's (2.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 2.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Social Workers: Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 2.0 social work credit hours.



For more information or to register, scan the QR Code.

For questions, contact Kimberly Morris
at 843-777-5352 or

email at Kimberlymorris@mcleodhealth.org.