

Mutual Aid Supports in Substance Use Disorder Treatment

DESCRIPTION

This program is designed to increase service providers' knowledge and skillful engagement with mutual aid supports for their clients. Research and anecdotal evidence suggest that client outcomes in mental health, substance use, and co-occurring conditions benefit from the addition of mutual aid supports. These groups and communities offer a distinct form of recovery support, which centers the value of connections through shared experiences.

OBJECTIVES

Upon completion of this program, the participant should be able to:

- 1) Understand the rationale for connecting clients to mutual aid supports within their communities and/or virtually.*
- 2) Increase knowledge regarding existing mutual aid recovery supports specific to mental health, substance use, and co-occurring client populations.*
- 3) Consider important elements (ex: cultural humility, person-centered, harm reduction, etc.) within the process of providing these referrals/resources.*

Fee: \$35 Consortium Member \$70 Non-consortium Member

Deadline to register: 2-17-26

Cancellations and Refund Policy: Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable). Refunds are typically processed within 10-15 business days after that.

CREDIT

AHEC: This program is approved for 0.2 CEU's (2.0 clock hours) by Pee Dee AHEC and meets SCAHEC Best Practice Standards. Participants must attend 90% of the program in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 2.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

Social Workers: Pee Dee AHEC as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 2.0 hours of social work credit hours.

Wednesday, February 18, 2026

9:00am-11:00am

Webinar via Webex

TARGET AUDIENCE

Counselors, Therapists, Social Workers, and any other interested healthcare professionals.

INSTRUCTOR: Andrea Winkler is an engaging and informative practice-based trainer. Her passion for trauma and gender related issues began early in her academic experience at James Madison University, and continued throughout her MSW program at UNC Chapel Hill. Completion of UNC's Certificate in Substance Abuse Studies provided additional specialization in a population for whom trauma is a primary co-occurring feature. Andrea currently provides integrated clinical services through her private practice, after twelve years with outpatient psychiatry at Duke University Hospital. Andrea has developed training and consultation services that support the practical application of gender responsive substance use disorder treatment and trauma-informed care into medical, intellectual/developmental disabilities, mental health and substance use treatment fields, as well as for non-clinical audiences that interface with the public sector such as librarians and educators.



Visit www.scahec.net/learn/login to register
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