# Perinatal Substance Use and Maternal Health

### **DATE**

Thursday, April 30, 2026

### TIME

9:00am - 11:00am

### **LOCATION**

Webinar via Webex

### **FEES**

Consortium Member: \$25 Non-consortium Member: \$50 **Registration Deadline:** Wednesday, April 29, 2026

### **TARGET AUDIENCE**

Counselors, Therapists, and Social Workers

### CANCELLATION & REFUND POLICY

Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

## Pee Dee AHEC

### **DESCRIPTION**

This training will provide an overview of perinatal substance use, potential fetal and maternal impacts of substance use during pregnancy, and evidence-based tools for engagement in substance use treatment in the perinatal period.

Participants will leave the session with a better understanding of how to approach and engage perinatal clients that are using substances.

#### **OBJECTIVES**

Upon completion of this program, the participant should be able to:

- 1. Increase knowledge of the nature and prevalence of substance use among pregnant people.
- 2. Increase understanding of the potential impacts of such use on fetal and maternal health outcomes.
- **3.** Report awareness of evidence-based tools for screening, engagement, and referrals for women with substance use during the perinatal period.

### **INSTRUCTOR**

### Andrea Winkler MSW, LCSW, LCAS

Andrea is an engaging and informative practice-based trainer. Her passion for trauma and gender related issues began early in her academic experience at James Madison University, and continued throughout her MSW program at UNC Chapel Hill. Completion of UNC's certificate in Substance abuse Studies provided additional specialization in a population for whom trauma is a primary co-occurring feature. Andrea currently provides integrated clinical services through her private practice, after twelve years with outpatient psychiatry at Duke University Hospital. Andrea has developed training and consultation services that support the practical application of gender responsive substance use disorder treatment and trauma-informed care into medical, intellectual/developmental disabilities, mental health and substance use treatment fields, as well as for non-clinical audiences that interface with the public sector such as librarians and educators.

### **CREDIT**

AHEC: This program is approved for 0.2 CEU's (2.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Counselors and Therapists: This program is approved for 2.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

**Social Workers:** Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 2.0 social work credit hours.

For more information or to register, scan the QR Code.

For questions, contact Kimberly Morris at 843-777-5352 or by email at Kimberlymorris@mcleodhealth.org.

