

New Hypertension Guidelines Have Arrived: *The Changes We Need to Know About*



Co-Provided by:
Pee Dee AHEC &
Southeastern CME Consultants, LLC



Presented by:
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Director of Pharmacotherapy
McLeod Health Rural Family Medicine Residency Program

Educational Objectives

Upon completion of this activity, participants will be able to:

- 1) Discuss the historical treatment of hypertension, from the introduction of early blood pressure lowering agents to present day antihypertensive therapy.
- 2) Recognize the benefits and risks of treating hypertension.
- 3) Review the most recent clinical trial information available to evaluate antihypertensive treatment regimens and blood pressure goals in patients.
- 4) Outline major treatment recommendations from published guidelines for the management of hypertension.
- 5) Discuss proper initiation, titration, and monitoring of antihypertensive pharmacotherapy in hypertensive patients.
- 6) Review the proper technique in taking a patient's blood pressure.

Educational Methods: Lecture presentation with time to answer self-assessment questions and discuss clinical scenarios to include audience participation.

Target Audience: Primary Care Physicians, Physician Assistants, Nurse Practitioners, Registered Nurses, and Pharmacists.

Program participants must complete an online activity evaluation within 2 weeks following the program date to receive continuing education credit.

Faculty & Program Planning Committee Disclosures: Dr. Howell, Dr. Jones, Dr. Morris, Ms. Parnell, and Ms. Morris declare no conflicts of interest or financial interests or endorsement of any product or service mentioned in this program, including employment, gifts, stock holdings and/or honoraria.



DATE: Tuesday, 10-21-2025 ***PLEASE NOTE new program time***

TIME: Sign In & Dinner: 5:00 - 6:00 P.M.

CE Presentation: 6:00 - 8:00 P.M.

LOCATION: McLeod Health Pavilion 1st Floor Conference Center
801 East Cheves Street, Florence, SC 29506

* Attend virtually via WebEx – The meeting link can be found in your MY REGISTRATIONS at: <https://www.scahec.net/learn/login>.

PRE-REGISTRATION INFORMATION:

Pre-registration is required through Pee Dee AHEC

Pre-register for this program at the following link:

<https://www.scahec.net/learn/programs/4539>

TUITION: \$ 40.⁰⁰ for all Participants

Payment is required at time of registration.

Types of CE credit offered with this activity: AMA, AAPA, ACPE, and ANCC continuing education credits



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INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, this activity has been planned and implemented by Pee Dee Area Health Education Center and Southeastern Continuing Medical Education Consultants, LLC. *Southeastern Continuing Medical Education Consultants, LLC*, is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

Physicians

Southeastern Continuing Medical Education Consultants, LLC designates this live activity for a maximum of **2.0 AMA PRA Category 1 Credit(s)**[™].

Physician Assistants

Southeastern Continuing Medical Education Consultants, LLC designates this live activity for a maximum **2.0 AAPA Category 1 Credit(s)**[™].

Pharmacists

This activity will provide **2.0** live contact hours of continuing pharmacy education credit. Activity type: *Knowledge*

Nursing Accreditation Statement: Pee Dee Area Health Education Center is approved as a provider of nursing continuing professional development by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This nursing CE activity awards **2.0** contact hours for RNs and **1.5** PH (pharmacology hours) and **0.5** CH (contact hours) for APRNs.