

Comprehensive Management of the Cervical & Thoracic Spine and Rib Cage

Saturday & Sunday, January 24 & 25, 2026

DESCRIPTION

This comprehensive course provides rehab professionals with an in-depth understanding of the evaluation and treatment of cervical and thoracic spine dysfunction. Emphasizing current evidence-based practice, the course integrates anatomy, biomechanics, clinical reasoning, and functional movement analysis to improve outcomes for patients with cervical and thoracic dysfunctional.

OBJECTIVES

Upon completion of this program, the participant should be able to:

1. Demonstrate an understanding of the anatomy, biomechanics, and efficient movement of the cervical and thoracic spine and rib cage.
2. Differentiate musculoskeletal conditions from red flags and non-musculoskeletal sources to ensure safe clinical decision-making.
3. Perform a thorough upper quadrant evaluation and reason through findings.
4. Interpret clinical findings to categorize patient presentations (e.g., mechanical neck pain, radiculopathy, cervicogenic headache).
5. Apply evidence-based manual therapy techniques such as joint mobilization including HVAT where appropriate, soft tissue techniques, and neuromuscular facilitation.
6. Implement functional movement, postural, and ergonomic interventions to optimize patient performance and reduce recurrence.
7. Design an effective home exercise program to ensure lasting improvements.

INSTRUCTORS

Alex Volfson, PT, DPT, OCS

Alex was originally born in Belarus and immigrated to the United States in 1990. He attended the University of Georgia for his undergraduate degree in Exercise Science. Afterwards, he went on to graduate school at the Medical College of Georgia and graduated with his Doctorate of Physical Therapy degree in 2009. Since graduation Alex has completed his orthopedic clinical specialist certification and went through a manual therapy residency through the Institute of Physical Art.

Stephen Cuffey, PT, DPT

Stephen graduated from Indiana University and then attended the University of South Carolina where he achieved his Doctorate in Physical Therapy. He is an outpatient therapist at Bon Secours hospital system in Greenville, SC. He has advanced training in dry needling and has earned the Certification in Spinal Manipulative Therapy.

CREDIT

Physical Therapists/Assistants: 14.0 contact hours of continuing education has been approved by the South Carolina Chapter of the APTA for 1.40 CEUs.

SATURDAY

8:30am - 5:00pm Program

SUNDAY

8:30am - 4:30pm Program

LOCATION

McLeod Carolina Forest
115 McLeod Health Blvd, Building 3
3rd floor Conference Room
Myrtle Beach, SC 29579

TARGET AUDIENCE

Physical Therapists and PTAs

FEE

Consortium Member: \$170.00
Non-Consortium Member: \$340.00

Cancellations and Refund Policy:
Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.



Scan the
QR
code to
register



Pee Dee AHEC
Area Health Education Center

Questions? Contact Melissa Brock at
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