

# Cultivating the Supervisory Alliance: Strengths, Stressors, and Solutions

**DATE:**

Friday, October 2, 2026

**TIME:**

9:00am - 12:15pm

**LOCATION:**

Webinar via Webex

**FEES:**

Consortium Member: \$40

Non-consortium Member: \$80

**Registration Deadline:**

Thursday, October 1, 2026

**TARGET AUDIENCE:**

Counselors, Therapists, and Social Workers

**CANCELLATION & REFUND POLICY:**

Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.

**DESCRIPTION**

The quality and effectiveness of the supervision experience largely depends on the supervisory alliance. The working relationship between the supervisor and supervisee plays a critical role in the growth and development of the clinician receiving supervision. This workshop will explore various factors that enhance as well as impede the cultivation of a supervisory alliance that effectively promotes supervisee growth. Supervisory solutions for addressing counterproductive situations as well capitalizing on existing strengths will be explored, including the role of personal development in the context of supervision.

**OBJECTIVES**

Upon completion of this program, the participant should be able to:

1. Identify key components of the supervisory alliance.
2. Articulate stressors impacting the supervisor-supervisee working relationships.
3. Develop strategies to overcome dynamics that are counterproductive to supervisee growth.
4. Explore aspects of the supervisory alliance that appropriately promote personal development in the context of clinical supervision.

**INSTRUCTOR**

**Theresa Palmer, PhD, MSW, LCSW, LMFT,**  
**Associate Director of Undergraduate Education**

**The University of North Carolina at Chapel Hill School of Social Work**

M. Theresa Palmer, PhD, LCSW, LMFT, AAMFT Approved Supervisor, is a Licensed Clinical Social Worker, Licensed Marriage & Family Therapist, and an Approved Supervisor by the American Association for Marriage and Family Therapy. Dr. Palmer is a Clinical Associate Professor and Associate Director of Undergraduate Education for the School of Social Work at the University of North Carolina - Chapel Hill. She has provided clinical supervision for several decades to associate-licensed clinicians, consultation to fully licensed therapists, and supervision-of-supervision to individuals seeking to become Approved Supervisors with the American Association of Marriage and Family Therapy. In teaching as well as providing therapy and supervision, she uses a strengths-based, systems-oriented perspective rooted in equity, inclusivity, and compassion.

**CREDIT**

**AHEC:** This program is approved for 0.3 CEU's (3.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

**Counselors and Therapists:** This program is approved for 3.0 hours of continuing education credit. The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists. {Provider number is #65}

**Social Workers:** Pee Dee AHEC, as part of the SC AHEC System, is an approved provider of CE for social workers. This social work program is approved for 3.0 social work credit hours.



For more information or to register, scan the QR Code.

For questions, contact Kimberly Morris

at 843-777-5352 or

email at [Kimberlymorris@mcleodhealth.org](mailto:Kimberlymorris@mcleodhealth.org).