Introduction to Evaluation and Treatment of BPPV

DATE:

Saturday, April 25, 2026

TIME:

9:00am - 1:00pm

LOCATION:

McLeod Outpatient Rehabilitation and Sports Medicine 2439 Willwood Dr. Florence, SC 29501

FEES:

Consortium Member: \$75 Non-Consortium Member: \$150 **Registration Deadline:** Friday, April 24, 2026

TARGET AUDIENCE:

Physical Therapist, Physical Therapist Assistant, Occupational Therapist, Certified occupational Therapist, and Athletic Trainer

CANCELLATION & REFUND POLICY:

Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your inperson or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that.



DESCRIPTION

This course is for participants to develop an optimal approach to the management of Benign Paroxysmal Positional Vertigo (BPPV). Emphasis of this course is to improve the participants' understanding and treatment of BPPV. The course is designed to increase participants' knowledge base of vestibular anatomy and pathophysiology, evaluation and treatment of BPPV. Participants will learn through lecture and hands-on lab evaluation techniques and evidenced based treatment maneuvers for posterior, horizontal and anterior canal BPPV.

OBJECTIVES

Upon completion of this program, the participant should be able to:

- 1. Describe the relevant vestibular anatomy and physiology related to BPPV.
- 2. Identify signs and symptoms of BPPV.
- **3.** Perform evaluation tests for posterior, horizontal and anterior canal SSC's.
- Perform treatment maneuvers for posterior, horizontal and anterior canal BBPV.
- Understand canalith repositioning maneuvers for canalisthiasis vs cupulolisthiasis.

INSTRUCTOR

Rebecca English OTR/L, PT, MSR, DPT

Rebecca earned dual degrees at the Medical University of South Carolina in Occupational and Physical Therapy. After earning her Masters in Rehabilitation Science, she received competencies from Emory University School of Medicine in Vestibular Function Testing and Interpretation with an Application to Rehabilitation and in Vestibular Rehabilitation. Rebecca also earned an Advanced Competency in the Evaluation and Treatment of Complex Balance Disorders. She is an Adjunct Professor at the Medical University of South Carolina in the College of Health Professions teaching coursework related to Vestibular and Movement disorder dysfunction and concussion management in both the DPT and neuroresidency programs. Ms. English currently works at the Medical University of South Carolina in a multidisciplinary Vestibular and Balance Disorders Clinic as a clinician and clinical researcher.

CREDIT

AHEC: This program is approved for 0.4 CEU's (4.0 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

Physical Therapists: This program has been approved for 4.00 contact hours of continuing education by South Carolina AHEC under its accreditation by the South Carolina Department of Labor, Licensing, and Regulation Board of Examiners for Physical Therapy. Approved Number: CEUL169813 for 0.40 credits from 04/01/2026-3/31/2027.

Occupational Therapist: This course has been approved by the South Carolina Occupational Therapist Association (SCOTA) for 4.0 contact hours.

Certified Athletic Trainers: Pee Dee AHEC/McLeod Health is recognized by the Board of Certification, Inc. to offer continuing education for Certified Athletic Trainers. This program has been approved for a maximum of 4.0 hours of Category A Continuing education (0.4 CEU) Certified Athletic Trainers are responsible for claiming only those hours actually spent. Provider 3731

For more information or to register, scan the QR Code.

For questions, contact Kimberly Morris at 843-777-5352 or

email at Kimberlymorris@mcleodhealth.org.

