

MANAGING IUD PLACEMENT PAIN AND ANXIETY

Instructor: Patty Cason, RN, MS, FNP-BC

LOCATION: RECORDED WEBINAR/ON DEMAND

FEE: FREE

LEARNING OBJECTIVES

- Identify physiological and psychological factors contributing to pain and anxiety during IUD placement.
- Recall the evidence-based strategies to manage pain and anxiety before, during, and after IUD insertion.
- Discuss patient-centered communication techniques to reduce procedural anxiety and improve patient trust.

CREDIT

CME: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Your CE Source and Mid-Carolina AHEC. Your CE Source is accredited by the ACCME to provide continuing medical education for physicians.

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Nurses: Mid-Carolina AHEC is approved as a provider of nursing continuing professional development by South Carolina Nurses Association an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. This nursing continuing education activity approval # 2408-010PR-129 has been approved for 1 hour.

All Other Professionals: This enduring activity provides 1 hour of South Carolina Area Health Education Consortium credit.

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