

Safe Patient Handling and Mobility (SPHM) Conference | Move to Improve: Advancing Mobility for Better Outcomes



DATE + TIME

Friday, September 25, 2026 8:00 am – 4:30 pm



LOCATION

Prisma Health Baptist - Ground Floor Auditorium
-1501 Sumter Street, Columbia, SC, 29201



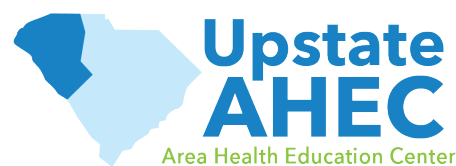
COURSE SUMMARY

The Safe Patient Handling and Mobility (SPHM) Summit of the Carolinas covers a spectrum of crucial topics in healthcare. Speakers will highlight innovative technologies, evidence-based practices, and collaborative approaches to enhance safety. We will emphasize a multidisciplinary approach to patient care, integrating mobility, risk management, and ergonomic considerations for the well-being of both patients and healthcare providers.



CONFERENCE AGENDA

8:00-8:25 am	Registration Visit Vendors Continental Breakfast
8:25-8:30 am	Welcome
8:30-9:30 am	Mobility and Skin <i>Susan Gallagher, PhD, MSN, MA, RN, CSPHP</i>
9:30-10:30 am	Mobility is Medicine <i>Teresa Boynton, MS, OTR, CSPHP</i>
10:30-11:00 am	Break Visit Vendors
11:00-12:00 pm	Ergonomics <i>Neal Wiggermann, PhD</i>
12:00-12:30 pm	Lunch (Provided)
12:30-1:00 pm	Break Visit Vendors
1:00-2:30 pm	Hands On Patient Case Study <i>Lindsey Longshore, MSN, RN, CMSRN, AOEE, CSPHA and Andy Detwiler, OTR/L, CEAS III, HEAS</i>
2:30-3:00 pm	Worker Safety, Mobility and the Lungs <i>Jimbo Varnum, DHA, MBA, RRT-NPS-ACCA, CSPHA</i>
3:00-4:00 pm	BARiatric Mobility: Beyond Ankle Pumps to Rehabbing Individuals of Size <i>Jennifer Dewyea, PT and Jean Flohr, PTA</i>
4:20-4:30 pm	Wrap-Up Evaluation Instructions



Safe Patient Handling and Mobility (SPHM) Summit of the Carolinas



TARGET AUDIENCE

Physical Therapy, Occupational Therapy, Nursing, Other Interested Healthcare Professionals

Instructional Method: Live-Lecture, **Level of Course:** Beginner/Intermediate



REGISTRATION

To register: www.scahec.net/learn/programs/4815 For registration issues, please call 864.349.1160.

Program Fee: \$40 for Consortium Members, \$50 for Non-Members

Registration Deadline: September 11, 2026



CONTINUING EDUCATION CREDIT

Physical Therapists: This conference has been submitted to the South Carolina Physical Therapy Association (SCAPTA) for CEU credit. Credit statements will be updated as approvals are received.

Occupational Therapists: This conference has been submitted to the South Carolina Occupational Therapy Association (SCOTA) for CEU credit. Credit statements will be updated as approvals are received.

Licensed Nurses: This conference is under review by a nurse planner for CEU credit. Credit statements will be updated as approvals are received.

ANCC Disclosure Statement: Upstate AHEC's conflict of interest policy requires faculty to disclose any real or apparent commercial financial affiliations related to the content of their presentations/materials. The speaker has signed a vested interest form declaring no conflict of interest in education activity. Provisions of this educational activity by Upstate AHEC does not imply endorsement by Upstate AHEC or ANCC of any commercial products displayed in conjunction with this activity.



All Other Participants: This program is approved for 0.60 CEUs (6.0 clock hours) by Upstate AHEC and meets SC AHEC best practice standards.

Successful completion of the program requires attendance for 100 percent of the program and a completed on-line evaluation by the participant within 10 calendar days of the program date. A certificate of completion will not be made available for you if the evaluation is not completed within this timeframe. No partial credit is available.

Of Note: Licensees should verify with their state licensing board for acceptance of continuing education units. Save the course outline and certificate of completion and contact your own board or organization for specific filing requirements. Upstate AHEC does not provide assistance with individual filing requirements.

Americans with Disabilities Act (ADA): Upstate AHEC is committed to equality of educational opportunity and does not discriminate against applicants, students, or employees on the basis of race, color, religion, sex, national origin, age, disability or veteran's status. If you require reasonable accommodations for a disability in order to participate fully in a continuing education activity, call 864-349-1160 no later than one week before the date of the activity.