

# Assessment and Management of the Lumbopelvic Region

## Target Audience

Physical Therapists, Physical Therapist Assistants

## Course Description

This course will focus on the examination, differential diagnosis, and treatment of frequently encountered clinical presentations in patients with selected neuromuscular and musculoskeletal dysfunction involving the lumbopelvic region. A case-based format will focus upon relevant issues pertaining to the differentiation of clinical conditions involving the various regions. Structured laboratory sessions will provide instruction in pertinent assessment techniques as well as an introduction to applied manual therapy techniques for treatment of the lumbopelvic region. Emphasis will be placed on enhancing clinical decision-making skills and integrating manual therapy procedures within the overall plan of care for the patient. Relevant research and evidenced based principles will be presented and discussed. The course will include lectures, discussions, and structured laboratory sessions.

## Learning Objectives

At the conclusion of this session, participants will:

1. Demonstrate an understanding of the principles of differential examination for the lumbopelvic region.
2. Competently perform examination procedures utilized in the clinical assessment of lumbopelvic region.
3. Apply the indications and contraindications for mechanical evaluation and treatment of the lumbopelvic region.
4. Recognize and apply the indications and contraindications for manual therapy interventions.
5. Utilize and assess the expected outcomes of a variety of treatment interventions, including manual therapy techniques for the lumbopelvic region.
6. Competently perform manual therapy techniques for the lumbopelvic region.
7. Design effective treatment protocols based upon clinical classifications for patients with lumbopelvic dysfunction.

## Credit:

**AHEC:** This program is approved for 0.6 CEU's (6 clock hours) by Pee Dee AHEC and meets SC AHEC Best Practice standards. Participants must attend 90% of the program and complete an evaluation in order to receive a certificate of attendance. No partial credit will be given.

**Physical Therapists/Assistants:** This course has been approved for 6.0 contact hours of continuing education by the S.C. APTA for 0.60 CEUs.

**Saturday, August 29, 2026  
9:00am - 4:00pm**

**Conway Medical Center  
Administrative Services  
Building Auditorium  
280 Singleton Ridge Rd  
Conway, SC 29526**

## FEE

**Consortium Member: \$115**

**Non-Consortium Member: \$225**

**Non-refundable Material Fee: \$5**

**Registration Deadline: August 21, 2026**

**Cancellations and Refund Policy:** Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) Refunds are typically processed within 10-15 business days after that

## Instructor:

**Gretchen Seif, PT, DPT, OCS, FAAOMPT**

Gretchen is a Professor at The Medical University of South Carolina in the College of Health Professions. She is the lab instructor for the Musculoskeletal course series, manual therapy, and trigger point dry needling. She is a graduate of The Ohio State University with a BS in PT in 1993, the Medical University of South Carolina with a MHS in 1997 and Regis University in 2009.

**SCAN QR Code  
to Register or contact  
Melissa Brock at  
843-845-5257.**



**Pee Dee AHEC**  
Area Health Education Center