

Post-Concussion Syndrome: Rehabilitation Interventions and Strategies

Course Description

This course will focus on post-concussion syndrome (PCS), its subtypes and multi-system involvement in the assessment and rehabilitation of the post concussed athlete or adult. Discussion will include pathophysiology, clinical features and subtypes, the collaborative team approach, and strategies for rehabilitation. Hands-on lab to include oculomotor, vestibular, balance evaluation and treatment strategies.

Learning Objectives

Upon completion of this program, the participant should be able to:

1. Describe the basic pathophysiology of a concussion and the systems that are impaired as a result.
2. Define post-concussion syndrome and the subtypes.
3. Differentiate between the basic anatomy and physiology of the oculomotor and vestibular systems including the peripheral vestibular apparatus, central vestibular connections and the integration of vision, vestibular and somatosensory inputs.
4. Define the clinical application of collaborative team approach to post concussion rehabilitation and the process of when and how to recognize, prioritize and initiate referrals within and outside of a specific rehab disciplines scope of practice.
5. Design and implement a treatment program to remediated oculomotor dysfunction, sensory integrative dysfunction and visual – vestibular impairment.

Target Audience

Physical Therapists, PTAs, Occupational Therapists, COTAs, Athletic Trainers

Credit

Athletic Trainers: Pee Dee AHEC (BOCAP#P3731) is approved by the Board of Certification, Inc. to provide continuing education (CE) for Certified Athletic Trainers. This program is eligible for 6.0 Category A hours/ CEUs. ATs should claim only those hours actually spent in the educational program.



Occupational Therapists/Assistants: This course has been submitted for approval to the South Carolina Occupational Therapist Association (SCOTA) for 6.0 contact hours.

Physical Therapists/Assistants: This course has been submitted for 6.0 contact hours of continuing education to the S.C. APTA for 0.60 CEUs.

**Saturday, October 17, 2026
9:00am - 4:30pm**

**Conway Medical Center
Administrative Services
Building Auditorium
280 Singleton Ridge Rd
Conway, SC 29526**

FEE

**Consortium Member: \$115
Non-Consortium Member: \$225
Non-refundable Material Fee: \$5
Registration Deadline: October 9, 2026**

Instructor:

Rebecca English, OTR/L, MSR, DPT
Rebecca earned dual degrees at the Medical University of South Carolina in Occupational and Physical Therapy. After earning her Masters in Rehabilitation Science, she received competencies from Emory University School of Medicine in Vestibular Function Testing and Interpretation with an Application to Rehabilitation and in Vestibular Rehabilitation. She has also earned an Advanced Competency in the Evaluation and Treatment of Complex Balance Disorders. Ms. English currently works at the Medical University of South Carolina in a multidisciplinary Vestibular and Balance Disorders Clinic as a clinician and clinical researcher.

**SCAN QR Code
to Register or contact
Melissa Brock at
843-845-5257.**



Cancellations and Refund Policy: Cancellations must be made prior to each program's cancelation deadline date as listed on its program details page in order to be eligible for a refund.



Pee Dee AHEC
Area Health Education Center