

Trauma Basics | 2 Part Series

Webinar

August 7 and August 12, 2026
9:00 am - 11:00 am



Purpose: Trauma can impact many, if not all clients we work with. This training will provide an introduction to trauma and the need to address trauma with those we serve. This training will provide an overview of trauma impacts; some models, and approaches used for trauma. This will also help clinicians build a base foundation to work with clients with trauma. We will discuss experiences with clients working with trauma, comfortability, and ways to address the impacts of trauma without doing specific trauma work.

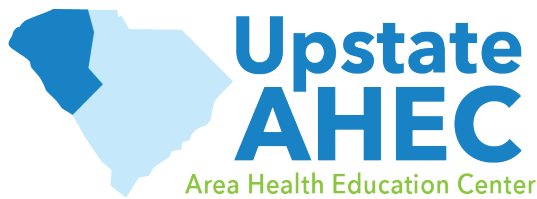
This is a two-day training. Participants must complete both days in order to receive their certificate and credits.

At the conclusion of this program, each participant will be able to:

- Gain a basic understanding of trauma, including how it can present and affect the people we work with.
- Share experiences of working with clients who have experienced trauma and reflect on your comfort level in handling such situations.
- Learn about trauma approaches currently in use and how to refer someone to these services.

Cancellation and Refund Policy: Cancellations must be made prior to each program's cancellation deadline date as listed on its program details page in order to be eligible for a refund. If you paid a registration fee for your in-person or webinar program and cancel via the registration system by the cancellation refund deadline, you are eligible for a full refund (minus any material fee, if applicable) and our staff will be in touch with refund details— refunds are typically processed within 10-15 business days after that. Registrations for online modules and on-demand video programs are not eligible for refunds.

Program Fee: Free but registration is required.
To register: <https://www.scahec.net/learn/programs/4902>



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Program Instructor:

Charissa Wolford LISW-CP, LAC/S, CS, MAC

Charissa Wolford is the owner and operator of Helping Healers LLC. Charissa provides clinical supervision, consultation, various training opportunities. Charissa also is currently the Clinical Supervision Coordinator for the Phoenix Center in Greenville, South Carolina. She is an alumna of the University of South Carolina where she received a bachelor's degree in Experimental Psychology, a Master of Social Work degree, and a Certificate of Graduate study in Drug and Addiction Studies. Charissa has worked in the Alcohol and Drug Treatment field for over 15 years. She has worked previously with medication assisted treatment programs and other various populations including incarcerated youth and adults, and domestic violence survivors. Other notable work has included being a member of the SC Leadership Academy, which has been a South Carolina statewide initiative supported by DAODAS in efforts to produce a streamlined approach to Alcohol and Drug Treatment.

Continuing Education Credit:

Licensed Professional Counselors and Therapists: This program has been approved for **4.0 hours** of continuing education by SC AHEC under its accreditation by the SC Board of Examiners for Licensure of Professional Counselors, Marriage and Family Therapists and Psycho-Educational Specialists.

Social Workers: This program has been approved for **4.0 clock hours** of social work continuing education by Upstate AHEC, as part of the SC AHEC system, under its accreditation by the SC Board of Social Work Examiners.

Others: This program is approved for **0.4 CEUs (4.0 clock hours)** by Upstate AHEC and meets the SC AHEC Best Practice Standards.

Please Note: Licensees should verify with their state licensing board for acceptance of continuing education units.

Americans with Disabilities Act (ADA): Upstate AHEC is committed to equality of educational opportunity and does not discriminate against applicants, students or employees on the basis of race, color, religion, sex, national origin, age, disability or veteran's status. If you require reasonable accommodations for a disability in order to participate fully in a continuing education activity, call 864-349-1160 no later than one week before the date of the activity.